

# AISNE 2026 Middle School Diversity, Equity, Inclusion, and Belonging Dining Menus

## Breakfast

**Fruit platter:** (VEGAN) (DAIRY FREE) (GLUTEN FREE) pineapple, cantaloupe, strawberries, red grapes and honeydew melon (keep separate)

**Whole fruit:** (VEGAN) (DAIRY FREE) (GLUTEN FREE) apples, bananas and oranges

**Muffins:** (VEGETARIAN) Contains Eggs, Soy, Wheat

**Gluten Free Muffin:** (VEGETARIAN) (GLUTEN FREE) Sugar, Liquid Whole Eggs, Water, Tapioca Starch, Brown Rice Flour (rice Flour, Rice Bran With Germ), Blueberries, Canola Oil, Potato Starch, Palm Oil, Less Than 2% Of: Dried Blueberries, Baking Powder (sodium Acid Pyrophosphate, Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Salt, Sunflower Lecithin, Xanthan Gum, Lemon Peel, Natural Flavor, Lemon Oil. Contains: Egg

**Bagels:** (VEGETARIAN) Contains Eggs, Soy, Wheat

**Spreads:** (VEGETARIAN) Butter, Cream Cheese, Jelly

**Danish:** (VEGETARIAN) contains Eggs, Milk, Soy, Wheat

**Beverages:** Regular Coffee, Decaf Coffee, Orange Juice Cups, Apple Juice Cups, Water

**Café Beverages:** 1% milk, skim milk, almond milk, soy milk, whole milk, soda machines, and water

## Lunch

**Grilled Chicken** – Chicken, Spices, Canola Oil

**Mac & Cheese** -(VEGETARIAN) Maltodextrin, Tapioca Starch, Whey, Salt, Soybean Oil, Modified Cornstarch, Canola Oil, 2% Or Less Of Buttermilk\*, Sugar, Yeast Extract, Extracts Of Annatto & Turmeric (color), Dried Cheddar Cheese (cultured Milk, Salt, Enzymes), Natural Flavors, Sodium Caseinate (a Milk Derivative), Buttermilk Powder, Spices, Citric Acid, Disodium Inosinate, Disodium Guanylate, Paprika

**Roasted Broccoli** –(VEGETARIAN) (VEGAN) Broccoli, Salt, Garlic powder, Olive oil/ Canola oil blend

**Vegetable Lasagna** - (VEGETARIAN) Skim Milk, Water, Low-fat Ricotta Cheese (whey, Milk, Cream, Vinegar, Carrageenan, Xanthan Gum), Blanched Macaroni Product

(semolina, Water), Low-moisture Part-skim Mozzarella Cheese (cultured Part-skim Milk, Salt, Enzymes), Pasteurized Process White Cheddar Cheese Sauce (cheddar Cheese [cultured Milk, Salt, Enzymes], Water, Whey, Whey Protein Concentrate, Milkfat, Skim Milk, Sodium Citrate, Salt, Lactic Acid, Modified Cornstarch, Sodium Alginate, Enzyme), Carrots, Broccoli, Spinach, Onions, 2% Or Less Of Modified Cornstarch, Soybean Oil, Parmesan Cheese (cultured Milk, Salt, Enzymes), Bread Crumbs (bleached Wheat Flour Contains 2% Or Less Of: Sugar, Yeast, Salt), Bleached Enriched Wheat Flour (wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Salt, Asiago Cheese (cultured Milk, Salt, Enzymes), Sugar, Seasoning (maltodextrin, Flavoring, Modified Cornstarch, Less Than 2% Lipolyzed Cream [butter, nonfat Milk Solids], Sodium Citrate), Potassium Salt, Lemon Juice Concentrate, Spices, Whey, Whey Protein Concentrate, Xanthan Gum, Dried Garlic, Roasted Garlic, Dried Onions, Datem, Mono- And Diglycerides.

**Gluten Free Mac & Cheese - (VEGETARIAN) (GLUTEN FREE)**Gluten Free Flour (cornstarch, White Rice Flour, Brown Rice Flour, Milk Powder, Tapioca Flour, Potato Starch, Xanthan Gum), Pasteurized Liquid Eggs, Water, Oil Blend (canola Oil, Olive Oil), Xanthan Gum, Oat Milk, Powdered Cellulose, Modified Potato Starch, Palm Oil, Sunflower Oil, Garlic Powder, salt

**Beverages:** Lemonade Dispensers and Water for Lunch

**Café Beverages:** 1% milk, skim milk, almond milk, soy milk, whole milk, soda machines, and water

### **All Day Break for Chaperones**

Granola Bars: (VEGETARIAN) Milk, Soy, Wheat

Fruit Snacks: (VEGETARIAN)(VEGAN) Apple Puree, Corn Syrup, Polydextrose, Sugar, Modified Corn Starch. Contains 2% Or Less Of: Vitamin C (ascorbic Acid), Citric Acid, Sodium Citrate, Malic Acid, Color (vegetable Juice, Fruit Juice, Annatto Extract, And Turmeric Extract), Sunflower And/or Canola Oilt, Natural Flavor, Carnauba Wax. tadds A Trivial Amount Of Fat

Assorted Chips: (VEGETARIAN)Soy

Bottles of Water: N/A

**Coffee & Tea:** 1% milk, skim milk, almond milk, soy milk, whole milk

**Apple Juice:** Apple Juice From Concentrate (filtered Water And Apple Juice Concentrate), Malic Acid, Natural Flavors And Ascorbic Acid (vitamin C)

**Cranberry Juice:** Filtered Water, High Fructose Corn Syrup, Cranberry Juice Concentrate, Grape Juice Concentrate, Natural Flavors, Citric Acid And Ascorbic Acid (vitamin C).

**Assorted Pastries:** (**VEGETARIAN**) Contains Eggs, Milk, Soy, Wheat

**Brownies & Cookies:** (**VEGETARIAN**) Contains Eggs, Milk, Soy, Wheat